

Nurturing the Seed of Change Workshop: A pathway to full participation in life



A workshop specifically created for parents, caregivers & support persons of those with ASD and individuals on the autism spectrum who are looking for a self-development program.

Course: Nurturing the Seed of Change Workshop (NSOC)

Description: An introductory course to the Davis Autism Approach®

Aim: To provide the opportunity to gain sufficient knowledge and skills to actively support a person with autism working through the Davis Autism Approach® Program.

Course level: Introductory – level 1

Course Length: 5 days - 30 hours

Pre-requisites: Read the book *Autism and the Seeds of Change* – By Abigail Marshall and Ronald D. Davis

Who should attend: Parents, family members and support persons of an individual on the autism spectrum, adult autistic individuals who are looking for a self-development program, or anyone who is interested in helping a person with autism through the Davis Autism Approach®.

Learning Outcomes:

Upon completion of the workshop you will:

- Demonstrate an understanding behind the rationale for the program and how it helps those with autism participate more fully in life.
- Identify key life concepts and why they are best explored in a specific sequence.
- Describe and reflect on the technique of Concept Mastery and gain experience on how to guide another or self through this process.
- Explore the mastery procedure with the first set of concepts described in the book, *Autism and the Seeds of Change*.
- Gain experience of how to explore these concepts in the environment and the value of integrating them into everyday life.
- Demonstrate the techniques needed to guide another through the use of the “Davis focusing tools”.
- Create a plan of how to implement an individualised program for the person you are supporting or for yourself.

Teaching and Learning Tools:

- Power point presentations
- Guided discussions
- Film media
- Demonstrations
- Guided practice
- Q & A
- Group work

Evaluation:

- Self-assessment by participants of skills and knowledge gained throughout the workshop.
- Assessment of participant skills and knowledge by course leaders.

Note:

This course does not include certification or licensing for commercial use of the Davis trademarks; such use requires extensive additional training.